

It's almost race day! Please take a few moments and read the following instructions. It will make your race day experience smooth and fun.

Saturday, May 20th
100 E. College Blvd
Niceville, FL 32356

It's on the NorthWest Florida State College campus. Enter the west entrance and park near the baseball stadium.

***New this year, no packet pickup on Friday, May 19th.**

*Know your assigned start time before you arrive on race day.

*We will send out your registration confirmation email this week as well.

*Bring a friend or two, we will offer same day registration for them, and they can run with your group.

*Participants may move to a later race time, but not earlier. Teams and groups may always run together.

WAIVERS

Print and fill out your waiver before race day:

- Participant waiver – [Waiver](#)

COURSE MAP

[Download the 5K Course Map](#)

CHECK-IN PROCESS

Participants,

With your signed waiver and photo ID in hand, head to the REGISTRATION tent when you arrive. You will then receive your race packet that contains:

- T-shirt and Race Entry Wrist Band

10K Elite Warrior Race and 5K Competitive will also receive:

- Timing Chip
- Strap for Timing Chip
- Race Bib
- Safety Pins

Zero Dark Dirty will also receive:

- T-shirt and Race Entry Wrist Band
- Glow Sticks
- Headlamp

****New This Year**** You will receive your t-shirt when you finish the race. (We will be checking in thousands of runners and this allows us to speed up the check-in process for you)

If you would like to check a bag, take it to the BAG CHECK tent. Bag check is \$5 per bag.

GENERAL INFORMATION

When to Arrive

We recommend that you arrive at least one hour before your race time. Remember that you will have to park, pick up your packet, attach your bib and timing chip, drop off your bags (optional), and then make your way to the starting line. Parking and registration opens at 6:30 AM. 10K Elite Warrior Race starts at 8:00AM.

Parking

Parking is free. Please park in designated parking stalls only. (Do not park on the grass).

What you Need to Bring:

- Photo ID
- Signed Waiver
- Appropriate footwear is highly recommended! Note: you will get muddy! No metal cleats
- Spending money for raffle tickets, food, bag check, and awesome Emerald Coast MudRun for Orphans merchandise
- Change of clothes and a towel. Yes, we have a rinse off station!
- A bag to store your valuables in at our optional bag check. (Cost is \$5 per bag)
- A great attitude. We expect MudRunners to encourage and help each other through the course.

What to Leave at Home:

Do not bring any of the following items to the Race Site:

- No metal cleats
- Outside alcoholic beverages
- Coolers
- Glass containers
- Pets (service dogs are okay)
- Crappy attitudes
- Weapons of any kind

Optional Bag Check

We will have an optional bag check available for \$5(cash). Please make sure to have your own bag if you want to check something. We are not responsible for lost or stolen items.

Lost and Found Items

We will have a lost and found located at the Staff tent on race day. Please be aware that not all items are turned in to us, and we are not responsible for lost or stolen items.**WARNING – Those running with cameras are susceptible to losing them in our mud and water obstacles. It's always a good idea to place your contact information on or invaluable items. Be sure to secure all items while on the course. You have been warned! All lost electronic items will require a \$75 return fee for processing and shipping to the rightful owner of the lost item. *NOTE: Not all lost items are recovered and we cannot guarantee their return.

Race Day Registrations

Race day registrations will be available for your friends and family. We accept major credit cards and cash.

Registration Transfers

Participants can transfer their registration in advance of the event by contacting mudrun@hearofthebride.org before Thursday, May 18th. Participant transfers can be made on race day for \$30. We will need to call or have face to face contact with the person who is transferring their registration, so please have them on the phone before you enter the information line to save time.

Weather

We do not intend to cancel or delay the Emerald Coast MudRun due to inclement weather. We will let you know on our [Facebook](#) page if anything changes. Unpredictable weather conditions mean that unexpected race day changes are possible for our event. Please roll with the punches.

Generally speaking, we won't cancel the event for a rainy, wet day. However, lightning, tornadoes, strong winds, and flooding may provide cause for delays or cancellation. Pay attention to your inbox or to our [Facebook](#) page for further updates.